

2025 Florida USA Gymnastics Xcel Bronze and Silver State Championships

Advent Health Sports Center
210 Cypress Gardens Blvd SW
Winter Haven, FL 33880



Friday, December 5, 2025

Session One (66)

USA Xcel Bronze Gymnasts

Born Between 1/1/2006 – 9/26/2016

1:00 - 1:15 General Stretch - March In

1:15 – 3:00 Competition

Individual Awards to follow.

Session Two (65)

USA Xcel Bronze Gymnasts

Born Between 9/27/2016 – 1/1/2024

3:00 - 3:15 General Stretch - March In

3:15 - 5:00 Competition

Individual and Xcel Bronze Team Awards to follow.

Session Three (63)

USA Xcel Silver Gymnasts

Born Between 1/1/2006 – 2/23/2015

5:00 - 5:15 General Stretch - March In

5:15 - 7:00 Competition

Individual Awards to follow.

Session Four (63)

USA Xcel Silver Gymnasts

Born Between 2/24/2015 – 1/1/2024

7:00 - 7:15 General Stretch - March In

7:15 - 9:00 Competition

Individual and Xcel Silver Awards to follow.

Door Fees

Adults (13 and over) \$25 cash - \$26 credit card

Child (5-12) \$10 cash - \$11 credit card

2025 Florida USA Gymnastics Level 1,2,5 State Championships

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Saturday, December 6, 2025

Session Five (72)

USA Level 2 Gymnasts
Born Between 1/1/2006 – 3/14/2016
8:00 - 8:15 General Stretch – March In
8:15 - 10:30 Competition
Individual Awards to follow.

Session Six (72)

USA Level 2 Gymnasts
Born Between 3/15/2016 – 2/23/2017
10:30 - 10:45 General Stretch – March In
10:45 - 1:00 Competition
Individual Awards to follow.

Session Seven (72)

USA Level 2 Gymnasts
Born Between 2/24/2017 – 10/22/2017
1:00 - 1:15 General Stretch – March In
1:15 - 3:30 Competition
Individual Awards to follow.

Session Eight (72)

USA Level 2 Gymnasts
Born Between 10/23/2017 – 6/22/2018
3:30 - 3:45 General Stretch – March In
3:45 – 6:00 Competition
Individual Awards to follow.

Session Nine (70)

USA Level 2 Gymnasts
Born Between 6/23/2018 – 1/1/2024
6:00 - 6:15 General Stretch – March In
6:15 - 8:30 Competition
Individual and Level 2 Team Awards to follow.

2025 Florida USA Gymnastics Level 1,2,5 State Championships

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Sunday, December 7, 2025

Session Ten (63)

USA Level 1 Gymnasts
Born Between 1/1/2006 - 5/9/2018
8:00 - 8:15 General Stretch – March In
8:15 - 10:30 Competition
Individual Awards to follow.

Session Eleven (63)

USA Level 1 Gymnasts
Born Between 5/10/2018 – 1/1/2024
10:30 - 10:45 General Stretch – March In
10:45 - 1:00 Competition
Individual and Level 1 Team Awards to follow.

Session Twelve (69)

USA Level 5 Gymnasts
All gymnasts
1:00 - 1:15 General Stretch – March In
1:15 - 3:45 Competition
Individual and Level 5 Team Awards to follow.

Door Fees

Adults (13 and over) \$25 cash - \$26 credit card
Child (5-12) \$10 cash - \$11 credit card